

# Stashcook



Simple meal planning and recipe management. Stashcook is a mobile app for Android and iOS. Stash recipes into the app using web links or create your own recipes. Then add them to the meal planner and shopping list.

Save recipes  
create your own cookbook

Meal plan  
and create  
Shopping lists  
all in one app



Stashcook

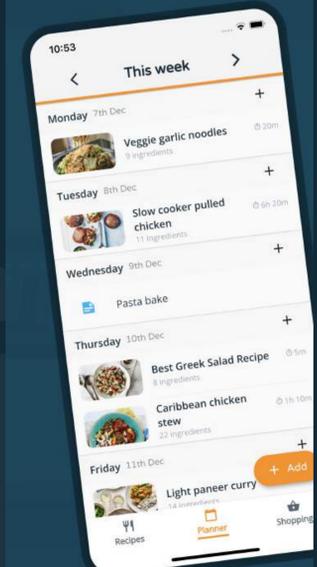
Stash

recipes and create your own  
cookbook



Plan

your meals for the week



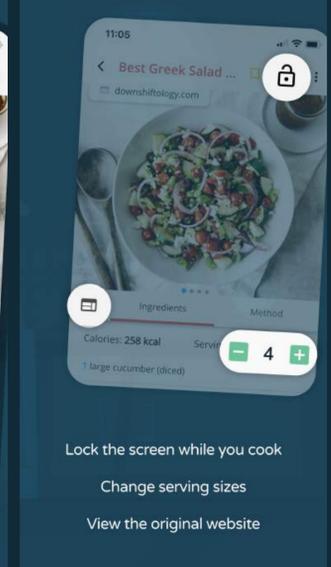
Cook

without the clutter



Cook

without the hassle



Organize

with collections



10:51



Stashcook



Recipes

Collections



Best Greek Salad Recipe 5m  
8 ingredients



Best Soup Recipes:  
Simple Carrot Ginger 48m  
10 ingredients



Blondie Recipe 45m  
9 ingredients



Caribbean chicken  
stew 1h 10m  
22 ingredients



Celeriac, pancetta &  
thyme soup 40m  
9 ingredients



Chicken tikka burritos 30m  
14 ingredients



Chickpea & Cauliflower  
Tomato Stew n/a  
16 ingredients



Chickpea and squash  
coconut curry 50m  
15 ingredients



Chocolate Oreo Ice Cream



Create

**Why:** Hi, I am Roy, the creator of Stashcook. When my girlfriend (soon to be wife) couldn't find an easy to use app to store her recipes I made her an app.

[Read the full origin story here](#)

18 months on Stashcook has become a comprehensive meal planning app driven by your own recipes. It boasts over 8,000 monthly active users with a user review rating of 4.6 and 5.0 stars on the Play Store and App Store, respectively.

The app market for meal planning apps is fairly saturated but Stashcook tries to set itself apart by being simple. The idea is to Stash. Plan. Cook. Stash recipes from anywhere, Plan meals with ease and cook the food you love!



## Key Features

**Meal Planner:** Simplify meal planning

**Family Share:** Sync with family members

**Shopping List:** Never forget the milk again

**Nutritional Analysis:** Know what you eat

**Stashcook Web Browser:** Stash recipes fast

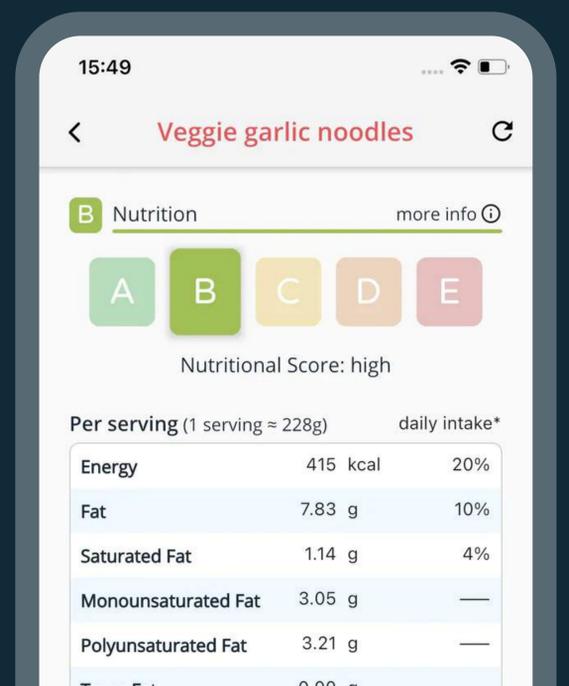
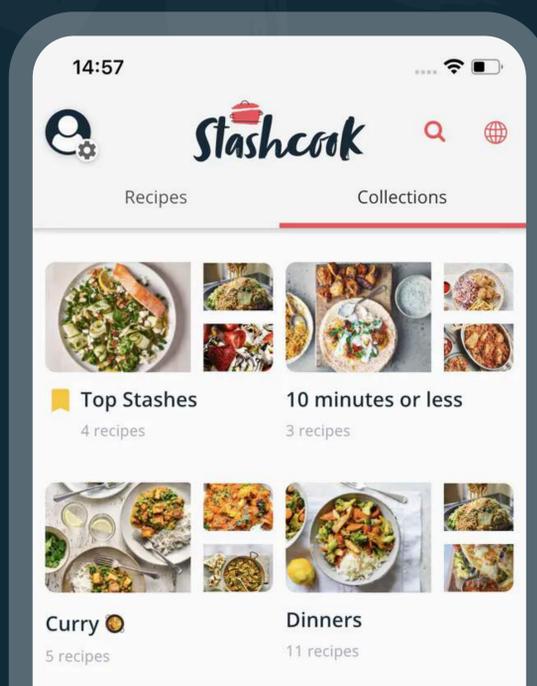
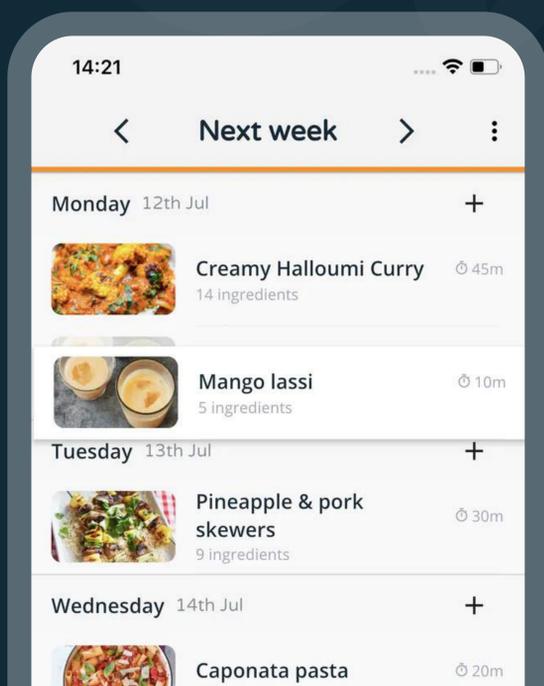
**Recipe Collections:** Organise & group recipes

**Screen Lock:** Hands free cooking

**Change Serving Sizes:** Match any recipe to your needs

**Print Recipes:** Create hard copies

**Online Backup:** Keep your recipes safe





## Useful Links

### Website

<https://stashcook.com>

### App Store

<https://apps.apple.com/app/id1518078585>

### Play Store

<https://play.google.com/store/apps/details?id=com.stashbox.stashcook>

### YouTube (Summary video)

<https://www.youtube.com/watch?v=uYXUPkLTw78>

## Questions?

Please feel free to send me a message at [roy.cockram@stashcook.com](mailto:roy.cockram@stashcook.com) if you have any questions.